CUTTING EDGE

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Surgeons at the DVSC have performed neurosurgical procedures

The Dallas Veterinary Surgery Center (DVSC) was initially founded in 1986, principally as a neurosurgical referral practice, with greater than 50% of the total case load being neurosurgical. Throughout the years we have always strived to be on the "cutting-edge" of neurosurgical techniques and diagnostic procedures. Our surgeons have been involved with the development and advancement of several neurosurgical techniques currently in use by other surgeons across the country.

In our continued commitment to provide the latest and most advanced neurosurgical techniques available, the DVSC has acquired a holmium: YAG laser solely to perform prophylactic percutaneous minimally invasive laser disc ablation.

The most common neurosurgical diseases seen at the DVSC are cervical and thoracolumbar disc herniation, lumbosacral compression, spinal fracture/luxations, cervical vertebral instability (Wobblers disease) and

atlanto-axial subluxation.
Following is a brief insight into our recommendations for one of the most commonly

encountered neurosurgical diseases.

INTERVERTEBRAL (IV) DISC HERNIATION

for IV disc
herniation,
lumbosacral
disease,
Wobblers
syndrome,
spinal fractures/
luxations and
atlanto-axial
subluxations for
over 20 years.

The DVSC was the first referral practice in north Texas to routinely use MRI and CT for the diagnosis of intervertebral disc disease. We are also the only veterinary referral center in the DFW metroplex that has a new, state-of-the-art intra-operative fluoroscopy unit. Fluoroscopy is routinely used to aid in the safe placement of implants (pins, screws, wires) during orthopedic and neurologic surgeries. Intra-operative fluoroscopy significantly reduces the risks associated with screw and pin placement in neurosurgical procedures such as spinal fusions and spinal fracture/luxations. Minimally invasive approaches to the spine are also possible with intra-operative fluoroscopy, which reduce postoperative complications and speed recovery. The DVSC is so convinced that intra-operative fluoroscopy improves the diagnosis and management of numerous neurosurgical diseases that we also have a second large cross-table fluoroscopy unit with a radiolucent operating table.

Intervertebral (IV) Disc Herniation

Without a doubt, the most common neurosurgical condition presented to veterinarians is IV disc herniation. Herniated discs occur between C2 – C7 and T10 – L5, with C2 – C3 and T12 – T13 being the most common. Chondrodystophic breeds (Dachshunds, Cocker Spaniels, Lhasa Apsos, etc.) represent the majority of these patients. However, IV disc herniation can occur in almost any breed—even in cats. Diseases such as fibrocartilaginous emboli (FCE), meningitis, and neoplasia can mimic the symptoms of disc herniation and must be ruled out during the diagnostic work-up.

In years past, patients exhibiting pain and/or mild loss of motor function were commonly managed conservatively with cage confinement, steroids, muscle relaxers and pain medications.

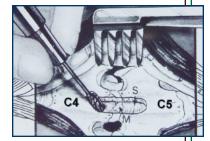
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Symptoms of IV Disc Herniation

Most patients affected by a disc herniation will present with one of the following scenarios:

- ✓ Neck/back pain without neurological deficits
- ✓ Neck/back pain with proprioception deficits (knuckling of paws), and uncoordinated motor function (ataxia or paresis)
- ✓ Proprioception deficits/paresis without obvious neck or back pain
- ✓ Neck/back pain, no motor function (paralysis) with deep pain present to the distal extremities
- ✓ Paralysis with no obvious deep pain to the distal extremities



Above: Ventrical slot. Below: Cervical myelogram.



Even if these patients improved initially, many would have some recurrence of symptoms or worsening of neurological function at a future time. Unfortunately, if the time interval between episodes is more than a few months, an acute disc herniation, with a very favorable surgical outcome, can become a chronic herniation with a more guarded outcome.

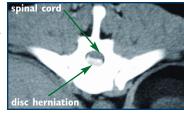
An acutely herniated nucleus is soft and even putty like. Over time it becomes fibrous or even osseous and potentially adherent to the dura of the spinal cord and the floor of adjacent vertebra. Removing a chronic disc herniation is more challenging, has a higher potential to worsen neurological symptoms and can result in permanent deficits. Therefore, over the past 10 years, the general philosophy as to when to pursue advanced spinal imaging and potential neurosurgical intervention has dramatically changed!

Diagnostic spinal imaging techniques used to diagnose disc herniation include myelogram, CT scan or MRI. Plain film radiography is useful to rule out other diseases such as bony neoplasia, fractures, luxations and discospondylitis. However, plain radiographs cannot be relied upon to diagnose an intervertebral disc herniation or to plan surgical intervention.

MRI is a very useful tool to diagnose disc disease; however it is more expensive than other comparable diagnostic imaging techniques such as CT scan or myelography. In addition, MRI typically requires transport to specialized imaging centers.

Some imaging centers do not employ surgeons; therefore the patient must be transported to another facility for surgery

necessitating another anesthetic



event. Therefore, myelography and CT scan are still the most widely accepted, practical, and cost effective imaging technique used in veterinary medicine.

MRI is generally reserved for cases where CT/myelogram is inconclusive or for suspected intramedullary spinal cord tumors, lumbosacral disease, brachial plexus neoplasia or primary brain abnormalities.

In chondrodystrophic breeds, axial images by computed tomography (CT) will identify the herniated nucleus in the majority of cases, without need for positive contrast material. This makes the study safer to the patient and less costly to the client. In non-chondrodystrophic breeds an injection of radiographic contrast media into the subarachnoid space (myelogram) followed by a CT may be necessary.

CT imaging offers diagnostic accuracy comparable to an MRI but at a fraction of the cost. The surgeons at the DVSC are convinced of the diagnostic benefits of CT for management of neurosurgical diseases, and we currently have two CT scanners in our practices.

The most common surgical procedure used to manage IV disc herniation is either a ventral cervical slot for C2-T1 disc herniation or hemilaminectomy in the thoracolumbar spine. Occasionally a dorsal laminectomy or a hemilaminectomy is performed for a lateralized "foraminal" disc rupture in the cervical region.

The prognosis for regaining normal or near-normal motor function after

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Surgeons at the DVSC believe that any patient that has lost coordinated motor function (unable to walk across a room) should be evaluated promptly for possible CT/myelogram.

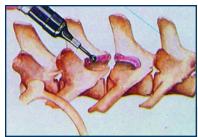
If indicated, surgical decompression of the spinal cord should be performed in order to achieve the best possible outcome.

Our surgeons can be paged after hours at 214.246.2819. If a page is not returned within 15 minutes. please call 214.289.3215.

surgery for an acute cervical or T-L disc herniation with preoperative deep pain sensation is well above 90%.

Patients suffering from chronic disc

Below: Hemilaminectomy.



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herniation can generally be returned to an ambulatory status, but often some degree of incoordination and occasional weakness may be present for the remainder of the pet's life.

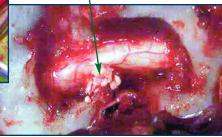
Patients with preoperative negative sensory status have the most variable response to surgery. In these patients the duration of time from loss of sensation (which is often unknown) until surgical decompression is inversely proportional to the clinical outcome. Basically, the longer the negative sensory status has been present the less chance surgery will result in a favorable outcome. Returning negative sensory patients to an ambulatory status ranges from 0-50%, based on the results of several retrospective studies.

Some surgeons feel the prognosis drops below 25% if the negative sensory status has been present for more than 12 hours, and rapidly approaches 0% after 24 hours of loss of sensation. Surgery is still the best option for the negative sensory pet; however a client should be counseled on the severity of the disease.

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Left: Post spinal cord decompression.

Below: Herniated disc.



Candidates for Advanced Spinal Imaging and Neurosurgery

Patients that should receive advanced spinal imaging (Myelogram/CT/MRI) and possible neurosurgery include:

- ✓ Neck/back pain, even without neurological deficits, that have not completely resolved within 14-21 days of conservative treatment (confinement, steroids, muscle relaxers and pain medication)
- ✓ Any patient with paresis (proprioceptive deficits and uncoordinated motor function-ataxia)
- ✓ Any patient without motor function (paralysis)

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Small Animal Surgery

PREVENTATIVE MINIMALLY INVASIVE LASER DISC ABLATION

The DVSC is
the first private
referral center
in the United
States to offer
Preventative
Minimally
Invasive Laser
Disc Ablation,
an exciting new
treatment
modality to
help prevent IV
disc ruptures.



New: Preventative Minimally Invasive Laser Disc Ablation

Under anesthesia, spinal needles are placed percutaneously using fluoroscopic guidance into the nucleus pulposus of discs T10 – L4. A laser fiber optic filament is passed through the spinal needle into the nucleus and a Holmium: YAG laser is used to provide the energy. The Holmium: YAG laser wavelength is strongly absorbed by water resulting in the vaporization, coagulation, and shrinkage of the nucleus pulposus without penetration or damage to other surrounding tissues, such as the spinal cord.

Laser disc ablation has the same effect as surgical fenestration but is a minimally invasive procedure with very Left: Radiograph of spinal needles.

Below: Spinal needle placement for laser disc.

minimal patient discomfort and morbidity. Intradiscal pressure is reduced by removal of the nucleus. This technique should be considered a preventative procedure in high risk breeds for

developing a disc rupture. It cannot be used for a disc that already has ruptured.

In the most recent study, the procedure was effective in preventing disc herniation in 95% of patients (Bartels KE, Higbee RG, et al.).

What Does Animal Back Surgery Cost?

Current average total bill to a client for a typical dachshund

or small dog with IVDD is \$2,700-2,900, or \$2,900-3,200 after normal business hours. This cost includes the skill of a trained and experienced surgeon and support staff, consultation, CT

and/or myelogram, anesthesia, state of the art patient monitoring, surgery, 24-hour post-operative care, pain medications, and 5-7 days of hospitalization.

Below: Patient in CT scanner.



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